

Preparing Beans and Greens



Menu

Freshly Pressed Vegetable Juice

Spinach Tahini Smoothie

Berry Green Smoothie

Sweet Potato Hummus

Collard Greens Wrap

Chickpea Burgers

Lentil and Spinach Soup

Asian Noodle Salad

Kale and Avocado Salad

Steamed Chard with Cashew Curry Sauce

Chocolate Chick Cookies

Decadent Bean Brownies